## Arts, Travel & Leisure

## Africa, Your Way: Wine, Wilderness, and the Wonder of It All



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our nose is filled with a wild perfume: briny sea breeze, the warm, earthy scent of sunbaked stone, and the honeyed, herbal notes of fynbos, a fragrant patchwork of wild rosemary, buchu, and protea. Somewhere below, the bustle of Cape Town hums, but here, on the slopes of Table Mountain, the world feels expansive. Time slows. Breath deepens. And you find yourself readying for a once-in-a-lifetime journey..

Beginning an African adventure in Cape Town is like a warm welcome from a long-lost friend. There is beauty, adventure, incredible food, and a pace that settles into your bones. You're adjusting to the rhythm of Africa. Spend your morning at Kirstenbosch National Botanical Garden, then head to La Colombe for a Michelin-worthy tasting menu that transforms local ingredients into edible art. Take a guided tour through the kaleidoscopic streets of Bo-Kaap, Cape Town's





oldest surviving neighborhood, then stroll the V&A Waterfront, hike Lion's Head, or kayak with dolphins off Sea Point. In the evening, venture into the Cape Winelands, where you'll soak in panoramic vineyard views at Delaire Graff Restaurant while savoring a seasonal menu paired with exceptional South African wines. Craving something casual? Join locals at the Eastern Food Bazaar, where spice-laced samosas and lamb curries feed the soul for just a few rand. There's a pulse here, refined, eclectic, alive. Embrace the pace, because next... the wild calls.

Your safari begins at a remote airstrip, where the only other movement is a circling bird of prey or the sudden appearance of a curious hyena. From the moment your 4x4 rattles into gear, the rules of the world shift: baboons shriek in the distance, a dazzle of zebras scatters across the path, gazelles leap like dancers



Photo Credit: Top. Left, Right





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over dry brush. Overhead, lilac-breasted rollers flash past in streaks of iridescent color. Each drive brings the thrill of the unknown. Will you witness lions on the hunt? Elephants sauntering across your path? Leopards dozing in trees, ears twitching?

Take your morning coffee in the chill of sunrise, waking with the life inside the reserve. Evenings end with sundowners; iced gin, the clink of glass, and a sunset so ablaze with color, it hardly seems real. Whether sleeping beneath canvas lit by lanterns or unwinding in a luxury lodge with a private plunge pool, safari grounds you. You begin to listen with your whole being. Then, the roar grows louder.

At Victoria Falls, known as Mosi-oa-Tunya, "The Smoke That Thunders", the air is thick with mist, and the power of it hits your chest like a drumbeat. This isn't just a waterfall; it's an ancient presence. You can experience it from every angle: up close on rainforest trails, from above on a helicopter flight, or aboard a sunset river cruise where elephants drink at the water's edge and crocodiles slip beneath the surface. The Zambezi glows

gold as hippos grunt in the shallows, and your glass catches the light just right. It's quiet. It's sacred.

A trip like this is for those who understand the gift of time. Africa is vast, with a scale that surprises nearly everyone, and a terrain as rugged as it is rewarding. This journey demands at least two weeks - ideally more - and a willingness to release control. You'll be jostled in 4x4s, dust clinging to your skin, and moved by sounds you can't quite name: low calls in the night that awaken something ancient within you.

This is travel that uses every sense. The smell of the land. The texture of heat. The wildness of silence. The sight of something powerful staring straight through you. For early, active retirees and multigenerational families ready to reconnect beyond screens and schedules, this is a rare kind of togetherness that is raw, radiant, and real.

Africa doesn't just invite you to explore, it dares you to awaken.

When you're ready to answer that call, I'll help you Go There with intention, awe, and every detail covered.